

## La Maison Lavande: Aromatherapy day-trip for ladies who like to lavender



A mere 45 minutes from Montreal lies the lavender field of **La Maison Lavande** in Saint-Eustache. Play the English Lady by donning your biggest hat and hit the highway with a girlfriend, your daughter or your mother this month. Why July? Because this is the time that the lavender is at it's picture-perfect best! Six dollars gives you access to this picturesque picnic place where you can run your hands through the **lavender blooms** and enjoy an afternoon in their heady scent. You don't even need to pack a picnic as La Maison Lavande now has all that. Head to their brand **new gourmet boutique** (which looks like an old-fashioned general store) and pick up a few lavender-flavoured picnic items prepared on-site by their creative chef. And quench your thirst with a lovely **lavender lemonade!**

Before heading back to Montreal, stop at the charming **gift shop and perfumery** where you'll find an array of natural products produced locally by La Maison Lavande. I found their eco-friendly household products to be the best thing I could bring home. An all-purpose spray cleaner that is phosphate-free and their hypoallergenic laundry detergent (both biodegradable) made it into my basket. All of their products are lightly **scented with lavender oil**, which is naturally soothing. Soaps, lotions and candles are also popular gifts to bring back for your friends.

One little warning: Lavender-scented loveliness leaves you in a state of complete relaxed bliss, so do be careful not to nod off at the wheel on your way home!

Find **La Maison Lavande** here:

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